



CERTIFICATE OF ACHIEVEMENT

SAYYID MUHAMMAD ALATTAS BIN SYED

BIB NO. MP 10494

CATEGORY 10KM Men Open

RANKING

Overall: 297/3987

Category: 203/1693

Gender Overall: 258/2280

Gender Age Group: 203/1693

FINISH TIME

Gun Time: 55:08

Net Time: 54:26

Pace: 5:30/km

Speed: 10.8/hr

SPLIT TIME

KM2.5: 13:48

KM4.3: 23:19

KM5.9: 32:01

KM7.1: 38:38

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

