

# PUMA NITRO™ NIGHT RUN



## CERTIFICATE OF ACHIEVEMENT

ABDUL GHAFUR RAMADHAN BIN MD

**BIB NO.** MP 20356

**CATEGORY** 21KM Men Open

### RANKING

Overall: 696/3645

Category: 381/1804

Gender Overall: 605/2738

Gender Age Group: 381/1804

### FINISH TIME

Gun Time: 2:20:01

Net Time: 2:19:06

Pace: 6:39/km

Speed: 9.0/hr

### SPLIT TIME

KM7.3: 42:29

KM14.6: 1:36:55

KM17.0: 1:54:31

PUMA GOWILD

Official Hydration  
Partner:



Official Energy Gel  
Partner:



Official Sports Tape  
Partner:



Official Pain Relief Spray  
Partner:



Official Recovery  
Partner:



Sponsors:



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