

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD FURQAAN HOD

BIB NO. MP 20465

CATEGORY 21KM Men Open

RANKING

Overall: 1423/3645

Category: 781/1804

Gender Overall: 1202/2738

Gender Age Group: 781/1804

FINISH TIME

Gun Time: 2:41:18

Net Time: 2:40:29

Pace: 7:40/km

Speed: 7.8/hr

SPLIT TIME

KM7.3: 50:16

KM14.6: 1:49:16

KM17.0: 2:08:55

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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