

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT IQBAL HISHAM

BIB NO. MP 20476

CATEGORY 21KM Men Open

RANKING

Overall: 2799/3645

Category: 1443/1804

Gender Overall: 2220/2738

Gender Age Group: 1443/1804

FINISH TIME

Gun Time: 3:19:18

Net Time: 3:16:18

Pace: 9:28/km

Speed: 6.3/hr

SPLIT TIME

KM7.3: 1:04:22

KM14.6: 2:14:19

KM17.0: 2:38:47

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

