

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

WONG LAP SENG

BIB NO. MP 20483

CATEGORY 21KM Men Open

RANKING

Overall: 219/3645

Category: 135/1804

Gender Overall: 199/2738

Gender Age Group: 135/1804

FINISH TIME

Gun Time: 1:56:57

Net Time: 1:56:45

Pace: 5:33/km

Speed: 10.7/hr

SPLIT TIME

KM7.3: 36:14

KM14.6: 1:18:11

KM17.0: 1:34:36

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

