

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IHSAN SHAFaad MOHD

BIB NO. MP 20595

CATEGORY 21KM Men Open

RANKING

Overall: 1342/3645

Category: 740/1804

Gender Overall: 1137/2738

Gender Age Group: 740/1804

FINISH TIME

Gun Time: 2:38:58

Net Time: 2:38:57

Pace: 7:33/km

Speed: 7.9/hr

SPLIT TIME

KM7.3: 35:51

KM14.6: 1:18:08

KM17.0: 1:45:27

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

