

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LO YONG HAW

BIB NO. MP 20600

CATEGORY 21KM Men Open

RANKING

Overall: 1160/3645

Category: 640/1804

Gender Overall: 990/2738

Gender Age Group: 640/1804

FINISH TIME

Gun Time: 2:33:41

Net Time: 2:31:48

Pace: 7:18/km

Speed: 8.2/hr

SPLIT TIME

KM7.3: 49:34

KM14.6: 1:41:59

KM17.0: 2:02:11

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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