

CERTIFICATE OF ACHIEVEMENT AKMAL NORDIN

BIB NO. MP 10525

CATEGORY 10KM Men Open

RANKING

Overall: 1275/3987

Category: 753/1693

Gender Overall: 974/2280

Gender Age Group: 753/1693

FINISH TIME

Gun Time: 1:12:38

Net Time: 1:12:03

Pace: 7:15/km

Speed: 8.2/hr

SPLIT TIME

KM2.5: 15:56

KM4.3: 28:30

KM5.9: 40:36

KM7.1: 50:17

PUMA GOWILD