

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AL FALAH BIN M ARIEF AHSIN

BIB NO. MP 20684

CATEGORY 21KM Men Open

RANKING

Overall: 3250/3645

Category: 1641/1804

Gender Overall: 2514/2738

Gender Age Group: 1641/1804

FINISH TIME

Gun Time: 3:36:37

Net Time: 3:33:30

Pace: 10:17/km

Speed: 5.8/hr

SPLIT TIME

KM7.3: 1:09:56

KM14.6: 2:27:11

KM17.0: 2:54:55

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

