

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD RUSYAYDI BIN RUZMAN

BIB NO. MP 20689

CATEGORY 21KM Men Open

RANKING

Overall: 3530/3645

Category: 1757/1804

Gender Overall: 2675/2738

Gender Age Group: 1757/1804

FINISH TIME

Gun Time: 3:51:54

Net Time: 3:47:51

Pace: 11:01/km

Speed: 5.4/hr

SPLIT TIME

KM7.3: 1:18:18

KM14.6: 2:41:54

KM17.0: 3:10:00

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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