

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD ZAKWAN ZARIZAL

BIB NO. MP 20765

CATEGORY 21KM Men Open

RANKING

Overall: 2220/3645

Category: 1174/1804

Gender Overall: 1804/2738

Gender Age Group: 1174/1804

FINISH TIME

Gun Time: 3:02:03

Net Time: 2:59:43

Pace: 8:39/km

Speed: 6.9/hr

SPLIT TIME

KM7.3: 58:52

KM14.6: 2:05:23

KM17.0: 2:28:30

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

