

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MIOR AMRI LOKMAN BIN MIOR ABDUL

BIB NO. MP 20788

CATEGORY 21KM Men Open

RANKING

Overall: 3462/3645

Category: 1727/1804

Gender Overall: 2631/2738

Gender Age Group: 1727/1804

FINISH TIME

Gun Time: 3:46:05

Net Time: 3:41:43

Pace: 10:44/km

Speed: 5.5/hr

SPLIT TIME

KM7.3: 1:07:38

KM14.6: 2:33:31

KM17.0: 3:03:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

