

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD HARIZ BIN AZIZAN

BIB NO. MP 20798

CATEGORY 21KM Men Open

RANKING

Overall: 3224/3645

Category: 1632/1804

Gender Overall: 2502/2738

Gender Age Group: 1632/1804

FINISH TIME

Gun Time: 3:35:08

Net Time: 3:34:46

Pace: 10:13/km

Speed: 5.8/hr

SPLIT TIME

KM7.3: 57:11

KM14.6: 2:13:50

KM17.0: 2:43:32

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

