

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ANWAR RIDHWAN BIN ISMAIL

BIB NO. MP 20839

CATEGORY 21KM Men Open

RANKING

Overall: 2645/3645

Category: 1372/1804

Gender Overall: 2106/2738

Gender Age Group: 1372/1804

FINISH TIME

Gun Time: 3:14:18

Net Time: 3:11:25

Pace: 9:14/km

Speed: 6.4/hr

SPLIT TIME

KM7.3: 1:06:38

KM14.6: 2:15:39

KM17.0: 2:38:51

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

