



CERTIFICATE OF ACHIEVEMENT

AMIRUDDIN BIN ABDUL HALIM

BIB NO. MP 10551

CATEGORY 10KM Men Open

RANKING

Overall: 69/3987

Category: 52/1693

Gender Overall: 62/2280

Gender Age Group: 52/1693

FINISH TIME

Gun Time: 42:35

Net Time: 42:28

Pace: 4:15/km

Speed: 14.0/hr

SPLIT TIME

KM2.5: 10:32

KM4.3: 18:12

KM5.9: 25:09

KM7.1: 30:29

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

