

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD HASHRIDZ BIN RUSLAN

BIB NO. MP 20881

CATEGORY 21KM Men Open

RANKING

Overall: 2453/3645

Category: 1281/1804

Gender Overall: 1966/2738

Gender Age Group: 1281/1804

FINISH TIME

Gun Time: 3:08:16

Net Time: 3:06:02

Pace: 8:57/km

Speed: 6.7/hr

SPLIT TIME

KM7.3: 58:01

KM14.6: 2:04:27

KM17.0: 2:28:44

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

