



CERTIFICATE OF ACHIEVEMENT SHAM TIAN YEW

BIB NO. MP 10559

CATEGORY 10KM Men Open

RANKING

Overall: 1846/3987

Category: 1011/1693

Gender Overall: 1315/2280

Gender Age Group: 1011/1693

FINISH TIME

Gun Time: 1:20:07

Net Time: 1:16:10

Pace: 8:00/km

Speed: 7.4/hr

SPLIT TIME

KM2.5: 22:56

KM4.3: 36:33

KM5.9: 49:36

KM7.1: 58:49

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

