

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMAD AFIQ IRFAN BIN ABDUL

BIB NO. MP 21014

CATEGORY 21KM Men Open

RANKING

Overall: 3532/3645

Category: 1759/1804

Gender Overall: 2677/2738

Gender Age Group: 1759/1804

FINISH TIME

Gun Time: 3:52:18

Net Time: 3:48:34

Pace: 11:02/km

Speed: 5.4/hr

SPLIT TIME

KM7.3: 1:18:50

KM14.6: 2:38:23

KM17.0: 3:06:35

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

