

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMAD IFWAT

BIB NO. MP 21050

CATEGORY 21KM Men Open

RANKING

Overall: 2847/3645

Category: 1465/1804

Gender Overall: 2251/2738

Gender Age Group: 1465/1804

FINISH TIME

Gun Time: 3:21:15

Net Time: 3:18:13

Pace: 9:34/km

Speed: 6.2/hr

SPLIT TIME

KM7.3: 1:07:01

KM14.6: 2:16:33

KM17.0: 2:41:36

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

