

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

RAKESH ROSHAN A/L GANESAN

BIB NO. MP 21075

CATEGORY 21KM Men Open

RANKING

Overall: 3432/3645

Category: 1714/1804

Gender Overall: 2614/2738

Gender Age Group: 1714/1804

FINISH TIME

Gun Time: 3:44:24

Net Time: 3:43:00

Pace: 10:40/km

Speed: 5.6/hr

SPLIT TIME

KM7.3: 1:13:06

KM14.6: 2:32:12

KM17.0: 2:59:55

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

