



CERTIFICATE OF ACHIEVEMENT

SHAH KAMAL HIDAYATULLAH

BIB NO. MP 10575

CATEGORY 10KM Men Open

RANKING

Overall: 548/3987

Category: 371/1693

Gender Overall: 469/2280

Gender Age Group: 371/1693

FINISH TIME

Gun Time: 1:00:54

Net Time: 58:43

Pace: 6:05/km

Speed: 9.8/hr

SPLIT TIME

KM2.5: 16:14

KM4.3: 26:58

KM5.9: 36:40

KM7.1: 44:13

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

