

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

JONAS LAU ZHUO NAN

BIB NO. MP 21117

CATEGORY 21KM Men Open

RANKING

Overall: 2430/3645

Category: 1268/1804

Gender Overall: 1949/2738

Gender Age Group: 1268/1804

FINISH TIME

Gun Time: 3:07:44

Net Time: 3:05:00

Pace: 8:55/km

Speed: 6.7/hr

SPLIT TIME

KM7.3: 59:43

KM14.6: 2:05:02

KM17.0: 2:28:54

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

