

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

IRSYAD ARIF BIN ARIFFIN

BIB NO. MP 21135

CATEGORY 21KM Men Open

RANKING

Overall: 3268/3645

Category: 1648/1804

Gender Overall: 2524/2738

Gender Age Group: 1648/1804

FINISH TIME

Gun Time: 3:37:21

Net Time: 3:33:39

Pace: 10:20/km

Speed: 5.8/hr

SPLIT TIME

KM7.3: 1:08:27

KM14.6: 2:25:42

KM17.0: 2:52:29

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

