

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT CHONG LIAN TING

BIB NO. MP 21185

CATEGORY 21KM Men Open

RANKING

Overall: 3209/3645

Category: 1625/1804

Gender Overall: 2492/2738

Gender Age Group: 1625/1804

FINISH TIME

Gun Time: 3:34:28

Net Time: 3:32:08

Pace: 10:11/km

Speed: 5.8/hr

SPLIT TIME

KM7.3: 1:09:35

KM14.6: 2:23:29

KM17.0: 2:51:44

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

