

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ABDUL SYUKUR AHMAD

BIB NO. MP 21231

CATEGORY 21KM Men Open

RANKING

Overall: 866/3645

Category: 479/1804

Gender Overall: 753/2738

Gender Age Group: 479/1804

FINISH TIME

Gun Time: 2:26:07

Net Time: 2:24:18

Pace: 6:56/km

Speed: 8.6/hr

SPLIT TIME

KM7.3: 46:47

KM14.6: 1:38:44

KM17.0: 1:58:23

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

