

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHLAMI BIN ISHAK

BIB NO. MP 21242

CATEGORY 21KM Men Open

RANKING

Overall: 2396/3645

Category: 1252/1804

Gender Overall: 1926/2738

Gender Age Group: 1252/1804

FINISH TIME

Gun Time: 3:06:54

Net Time: 3:03:05

Pace: 8:53/km

Speed: 6.7/hr

SPLIT TIME

KM7.3: 1:04:36

KM14.6: 2:10:17

KM17.0: 2:32:29

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

