

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT KONG KAH WAI

BIB NO. MP 21243

CATEGORY 21KM Men Open

RANKING

Overall: 3608/3645

Category: 1789/1804

Gender Overall: 2720/2738

Gender Age Group: 1789/1804

FINISH TIME

Gun Time: 3:58:49

Net Time: 3:55:52

Pace: 11:21/km

Speed: 5.2/hr

SPLIT TIME

KM7.3: 1:16:37

KM14.6: 2:43:03

KM17.0: 3:12:45

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

