



CERTIFICATE OF ACHIEVEMENT

KATHIRAVAN MANIAN

BIB NO. MP 10592

CATEGORY 10KM Men Open

RANKING

Overall: 1403/3987

Category: 816/1693

Gender Overall: 1053/2280

Gender Age Group: 816/1693

FINISH TIME

Gun Time: 1:14:25

Net Time: 1:12:00

Pace: 7:26/km

Speed: 8.0/hr

SPLIT TIME

KM2.5: 18:47

KM4.3: 31:56

KM5.9: 44:35

KM7.1: 53:43

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

