

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD IKHWAN BIN ABDUL

BIB NO. MP 21298

CATEGORY 21KM Men Open

RANKING

Overall: 997/3645

Category: 556/1804

Gender Overall: 861/2738

Gender Age Group: 556/1804

FINISH TIME

Gun Time: 2:29:54

Net Time: 2:29:40

Pace: 7:07/km

Speed: 8.4/hr

SPLIT TIME

KM7.3: 47:18

KM14.6: 1:40:44

KM17.0: 2:00:23

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

