

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

SYED AHMAD IDRIS BIN SHAKRI

BIB NO. MP 21309

CATEGORY 21KM Men Open

RANKING

Overall: 1640/3645

Category: 894/1804

Gender Overall: 1381/2738

Gender Age Group: 894/1804

FINISH TIME

Gun Time: 2:46:48

Net Time: 2:42:54

Pace: 7:55/km

Speed: 7.5/hr

SPLIT TIME

KM7.3: 1:03:27

KM14.6: 1:58:57

KM17.0: 2:17:24

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

