



CERTIFICATE OF ACHIEVEMENT

MUHAMMAD ANWAR HADI BIN

BIB NO. MP 10602

CATEGORY 10KM Men Open

RANKING

Overall: 1395/3987

Category: 812/1693

Gender Overall: 1049/2280

Gender Age Group: 812/1693

FINISH TIME

Gun Time: 1:14:16

Net Time: 1:12:49

Pace: 7:25/km

Speed: 8.0/hr

SPLIT TIME

KM2.5: 17:54

KM4.3: 31:11

KM5.9: 43:43

KM7.1: 53:24

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

