

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

MANISH KUMAR JHA

BIB NO. MP 21380

CATEGORY 21KM Men Open

RANKING

Overall: 270/3645

Category: 165/1804

Gender Overall: 245/2738

Gender Age Group: 165/1804

FINISH TIME

Gun Time: 2:00:20

Net Time: 1:59:39

Pace: 5:43/km

Speed: 10.4/hr

SPLIT TIME

KM7.3: 41:12

KM14.6: 1:23:33

KM17.0: 1:38:39

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

