

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LIOW KOK HONG

BIB NO. MP 21402

CATEGORY 21KM Men Open

RANKING

Overall: 2640/3645

Category: 1368/1804

Gender Overall: 2102/2738

Gender Age Group: 1368/1804

FINISH TIME

Gun Time: 3:14:05

Net Time: 3:11:32

Pace: 9:13/km

Speed: 6.5/hr

SPLIT TIME

KM7.3: 1:00:14

KM14.6: 2:06:47

KM17.0: 2:33:57

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

