



CERTIFICATE OF ACHIEVEMENT

FARID ZAKWAN BIN NOORUL ANHAR

BIB NO. MP 10607

CATEGORY 10KM Men Open

RANKING

Overall: 1479/3987

Category: 851/1693

Gender Overall: 1100/2280

Gender Age Group: 851/1693

FINISH TIME

Gun Time: 1:15:28

Net Time: 1:10:41

Pace: 7:32/km

Speed: 7.9/hr

SPLIT TIME

KM2.5: 22:11

KM4.3: 34:39

KM5.9: 46:28

KM7.1: 55:22

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

