

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

NGAI CHUN WAH

BIB NO. MP 21472

CATEGORY 21KM Men Open

RANKING

Overall: 1228/3645

Category: 677/1804

Gender Overall: 1046/2738

Gender Age Group: 677/1804

FINISH TIME

Gun Time: 2:35:52

Net Time: 2:33:00

Pace: 7:24/km

Speed: 8.0/hr

SPLIT TIME

KM7.3: 53:08

KM14.6: 1:46:56

KM17.0: 2:06:14

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

