

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

CEDRIC ABEL NATHAN

BIB NO. MP 21576

CATEGORY 21KM Men Open

RANKING

Overall: 2597/3645

Category: 1349/1804

Gender Overall: 2072/2738

Gender Age Group: 1349/1804

FINISH TIME

Gun Time: 3:12:49

Net Time: 3:10:17

Pace: 9:10/km

Speed: 6.5/hr

SPLIT TIME

KM7.3: 1:03:28

KM14.6: 2:12:40

KM17.0: 2:36:59

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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