

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

NABIL SAFWAN BIN AHMAD

BIB NO. MP 21628

CATEGORY 21KM Men Open

RANKING

Overall: 3538/3645

Category: 1761/1804

Gender Overall: 2681/2738

Gender Age Group: 1761/1804

FINISH TIME

Gun Time: 3:52:29

Net Time: 3:46:32

Pace: 11:03/km

Speed: 5.4/hr

SPLIT TIME

KM7.3: 1:11:48

KM14.6: 2:35:13

KM17.0: 3:05:46

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

