

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

PHONLAWAT A/L TIANG

BIB NO. MP 21660

CATEGORY 21KM Men Open

RANKING

Overall: 3080/3645

Category: 1563/1804

Gender Overall: 2403/2738

Gender Age Group: 1563/1804

FINISH TIME

Gun Time: 3:29:39

Net Time: 3:27:03

Pace: 9:58/km

Speed: 6.0/hr

SPLIT TIME

KM7.3: 1:08:21

KM14.6: 2:22:17

KM17.0: 2:47:40

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

