

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LONG JIA YING

BIB NO. MP 21689

CATEGORY 21KM Men Open

RANKING

Overall: 2672/3645

Category: 1378/1804

Gender Overall: 2125/2738

Gender Age Group: 1378/1804

FINISH TIME

Gun Time: 3:15:17

Net Time: 3:14:11

Pace: 9:17/km

Speed: 6.4/hr

SPLIT TIME

KM7.3: 1:04:14

KM14.6: 2:13:26

KM17.0: 2:36:51

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

