

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT KOW JEN LUN

BIB NO. MP 21699

CATEGORY 21KM Men Open

RANKING

Overall: 327/3645

Category: 199/1804

Gender Overall: 293/2738

Gender Age Group: 199/1804

FINISH TIME

Gun Time: 2:04:12

Net Time: 2:03:17

Pace: 5:54/km

Speed: 10.1/hr

SPLIT TIME

KM7.3: 42:43

KM14.6: 1:23:29

KM17.0: 1:36:56

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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