

CERTIFICATE OF ACHIEVEMENT

WAN AHMAD LUQMAN BIN WAN AHMAD

BIB NO. MP 10636

CATEGORY 10KM Men Open

RANKING

Overall: 318/3987

Category: 218/1693

Gender Overall: 275/2280

Gender Age Group: 218/1693

FINISH TIME

Gun Time: 55:51

Net Time: 54:41

Pace: 5:35/km

Speed: 10.7/hr

SPLIT TIME

KM2.5: 15:33

KM4.3: 25:39

KM5.9: 34:48

KM7.1: 41:22

PUMA GOWILD