

PUMA
NITRO
NIGHT RUN

Great Runs
Are Run by
Score

CERTIFICATE OF ACHIEVEMENT

CALAN MOY KA-SHING

BIB NO. MP 10643

CATEGORY 10KM Men Open

RANKING

Overall: 492/3987

Category: 334/1693

Gender Overall: 423/2280

Gender Age Group: 334/1693

FINISH TIME

Gun Time: 59:49

Net Time: 58:32

Pace: 5:58/km

Speed: 10.0/hr

SPLIT TIME

KM2.5: 16:39

KM4.3: 26:55

KM5.9: 36:30

KM7.1: 43:28

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

