

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

AHMAD FARIS RAMLI

BIB NO. MP 21785

CATEGORY 21KM Men Open

RANKING

Overall: 2887/3645

Category: 1482/1804

Gender Overall: 2277/2738

Gender Age Group: 1482/1804

FINISH TIME

Gun Time: 3:23:07

Net Time: 3:15:31

Pace: 9:39/km

Speed: 6.2/hr

SPLIT TIME

KM7.3: 1:08:12

KM14.6: 2:20:59

KM17.0: 2:45:19

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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