

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT PHANG FOOK HUNG

BIB NO. MP 21796

CATEGORY 21KM Men Open

RANKING

Overall: 589/3645

Category: 329/1804

Gender Overall: 517/2738

Gender Age Group: 329/1804

FINISH TIME

Gun Time: 2:15:37

Net Time: 2:15:10

Pace: 6:26/km

Speed: 9.3/hr

SPLIT TIME

KM7.3: 43:48

KM14.6: 1:33:19

KM17.0: 1:49:51

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:



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