

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT

ASHRAFF AFZAL BIN ARIFFIN

BIB NO. MP 21818

CATEGORY 21KM Men Open

RANKING

Overall: 1539/3645

Category: 850/1804

Gender Overall: 1298/2738

Gender Age Group: 850/1804

FINISH TIME

Gun Time: 2:43:55

Net Time: 2:40:47

Pace: 7:47/km

Speed: 7.6/hr

SPLIT TIME

KM7.3: 53:12

KM14.6: 1:52:05

KM17.0: 2:13:20

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

