



CERTIFICATE OF ACHIEVEMENT

MOHD ILHAM BIN RAFII

BIB NO. MP 10065

CATEGORY 10KM Men Open

RANKING

Overall: 1663/3987

Category: 933/1693

Gender Overall: 1209/2280

Gender Age Group: 933/1693

FINISH TIME

Gun Time: 1:17:55

Net Time: 1:15:52

Pace: 7:47/km

Speed: 7.7/hr

SPLIT TIME

KM2.5: 19:53

KM4.3: 32:57

KM5.9: 45:57

KM7.1: 55:36

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

