

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT LAU YAU NAN

BIB NO. MP 21906

CATEGORY 21KM Men Open

RANKING

Overall: 872/3645

Category: 484/1804

Gender Overall: 758/2738

Gender Age Group: 484/1804

FINISH TIME

Gun Time: 2:26:20

Net Time: 2:24:44

Pace: 6:57/km

Speed: 8.6/hr

SPLIT TIME

KM7.3: 50:38

KM14.6: 1:41:41

KM17.0: 1:58:07

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:

