

PUMA NITRO™ NIGHT RUN



CERTIFICATE OF ACHIEVEMENT AFFIQ RASHID

BIB NO. MP 21948

CATEGORY 21KM Men Open

RANKING

Overall: 742/3645

Category: 407/1804

Gender Overall: 646/2738

Gender Age Group: 407/1804

FINISH TIME

Gun Time: 2:22:14

Net Time: 2:21:11

Pace: 6:45/km

Speed: 8.8/hr

SPLIT TIME

KM7.3: 47:51

KM14.6: 1:34:42

KM17.0: 1:53:22

PUMA GOWILD

Official Hydration Partner:



Official Energy Gel Partner:



Official Sports Tape Partner:



Official Pain Relief Spray Partner:



Official Recovery Partner:



Sponsors:



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