



CERTIFICATE

OF ACHIEVEMENT

IVAN TEH

BIB NO. MP 10067

CATEGORY 10KM Men Open

RANKING

Overall: 117/3987

Category: 86/1693

Gender Overall: 106/2280

Gender Age Group: 86/1693

FINISH TIME

Gun Time: 47:35

Net Time: 47:16

Pace: 4:45/km

Speed: 12.6/hr

SPLIT TIME

KM2.5: 11:35

KM4.3: 19:50

KM5.9: 27:27

KM7.1: 34:02

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

