



Great Runs
Are Run by
Score



CERTIFICATE OF ACHIEVEMENT

UMAR HARRIS BIN IBRAHIM

BIB NO. MP 10683

CATEGORY 10KM Men Open

RANKING

Overall: 97/3987

Category: 71/1693

Gender Overall: 89/2280

Gender Age Group: 71/1693

FINISH TIME

Gun Time: 45:50

Net Time: 45:07

Pace: 4:34/km

Speed: 13.0/hr

SPLIT TIME

KM2.5: 11:11

KM4.3: 19:04

KM5.9: 26:30

KM7.1: 32:18

PUMA GOWILD

Official Hydration
Partner:



Official Energy Gel
Partner:



Official Sports Tape
Partner:



Official Pain Relief Spray
Partner:



Official Recovery
Partner:



Sponsors:

